

## CURRICULUM VITAE

# Jens Troelsen

Professor, M.Sc., PhD



### Affiliation

Research Unit for Active Living  
Department of Sports Science and Clinical Biomechanics  
University of Southern Denmark  
Campusvej 55  
DK-5230 Odense M., Denmark

### Employment

Head of Research Unit for Active Living	2013 -
Professor	2016 -
Associated Professor	2008 - 2016
Assistant Professor	2006 - 2008
Post.doc	2004 - 2005
PhD-student	2000 - 2003
Scientific Assistant	2000

### Education

Research Management Course, CBS Executive	2015
Management Introduction Programme, University of Southern Denmark	2014 – 2015
Management Aspirant Programme, University of Southern Denmark	2013 – 2014
Strategic Research Leadership, Module in diploma programme	2010
Teacher-Training Programme, University of Southern Denmark,	2006
PhD in Health Science, University of Southern Denmark	2004
MSc in Physical Activity and History, University of Southern Denmark	1999

### Main scientific steering, advisory and consultative tasks

Member of Danish Cancer Society's Prevention Committee	2016 -
Chairman of Research Talent Committee, DSSCB.	2014 -
Member of Academic Council, the Faculty of Health Sciences, SDU	2013 -
Member of Research Committee, DSSCB	2013 -
Board member of the Danish Institute of Sport Studies (IDAN)	2008 - 2012
Improving Infrastructure for Leisure-Time Physical Activity in the Local Area (IMPALA)	2009 - 2011
Member of study committee for Master Programme in Physical Education and Health	2008 - 2010
Supervisory board member of Academy for Sport Leadership	2006 - 2010
Study committee for Master in Rehabilitation (Vice-chairman), SDU	2004 - 2007
Study committee for Master in Gerontology (Vice-chairman), SDU	2004 - 2006
Board member of the Danish Society of Sports History (auditor)	2004 -
Steering committee for the National Cycle City of Denmark, Odense	2000 - 2004

### Scientific rewards

Price winner for submitted paper about structural prevention in the built environment Danish Society of Medical Priority	2007
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### **Recent project management**

Activating Schoolyards – School-based intervention research, Centre for Intervention Research, National Institute of Public Health. Research budget: 3,400,000 DKK	2012 - 2018
International Physical Activity and the Environment Network -IPEN-Adolescent PI. Research budget: 60,000 DK	2014 - 2015
When Cities Moves Children, Centre for Intervention Research, National Institute of Public Health. Research budget: 3,100,000 DKK	2010 - 2015
SPACE - The impact of structural interventions to promote physical activity among children and adolescents, Centre for Intervention Research, National Institute of Public Health. Research budget: 12,700,000 DKK	2009 - 2015
Bikeability – cities for zero-emission travel and public health, Danish Council for Strategic Research. Research budget: 3,200,000 DKK	2010 - 2013
Valuable detours – local arena interventions, (2010 – 2011) Department of Sports Science and Clinical Biomechanics, University of Southern Denmark. Research budget 1,100,000 DKK	2010 - 2011

### **Research interests and activities**

Jens Troelsen has authored articles, books and reports on the significance of housing, land use and infrastructure for physical activity behaviour. In recent years, focus has been on intervention research, studying the effect of interventions targeted at different subgroups combined with detailed process analysis. Large studies have centred on adolescent conditions required to integrate physical activity into everyday life with the objective of obtaining evidence-based knowledge about how the built environment combined with individual and organizational initiatives can promote physical activity. He serves as a peer reviewer for national and international journals. Since application-oriented research has a high priority, he has authored 15 reports targeted at Danish municipalities. He has been invited more than 25 times to lecture at national and international conferences and has been a co-author of more than 30 conference abstracts. Associate Professor Troelsen is very committed to ensuring that his work impacts city planning and public health. To this end, close collaborations have been established with foundations, organisations, municipalities, the National Board of Health and international partners. In recognition of his work, he was selected by the Danish Ministry of Culture as a board member of the Danish Institute of Sports Studies 2008 – 2012, and a member of the permanent prevention advisory board in The Danish Cancer Society.

### **Five selected publications of particular relevance to the research project**

- Sallis, J.F., Cerin, E., Conway, T.L., Adams, M.A., Frank, L.D., Pratt, M., Salvo, D., Schipperijn, J., Smith, G., Cain, K.L., Davey, R., Kerr, J., Lai, P-C., Mitas, J., Reis, R., Sarmiento, O.L., Schofield, G., Troelsen, J., Van Dyck, D., De Bourdeaudhuij, I., and Owen, N. (2016). Urban environments in 14 cities worldwide are related to physical activity. *The Lancet*. 10.1016/S0140-6736(15)01284-2
- Pawlowski CS, Andersen HB, Troelsen J, Schipperijn J. (2016) Children’s physical activity behaviour during school recess: a pilot study using GPS, accelerometer, participant observation, and go-along interview. *PloS One*
- Pawlowski, C. S., Andersen, H. B., Tjørnhøj-Thomsen, T., Troelsen, J., & Schipperijn, J. (2016). Space, body, time and relationship experiences of recess physical activity: a qualitative case study among the least physical active schoolchildren. *BMC Public Health*, 16(1), 1-12.
- Dyck, D. V., Cerin, E., De Bourdeaudhuij, I., Hinckson, E., Reis, R. S., Davey, R., Troelsen, J. ... Sallis, J. F. (2015). International study of objectively measured physical activity and sedentary time with body mass index and obesity: IPEN adult study. *International Journal of Obesity*, 39, 199–207.
- Troelsen, J. (2013) Building in Prevention: Nudging Towards Physical Activity and Public Health, in Stock, C & Ellaway A (ed.) *Neighbourhood Structure and Health Promotion*, Springer Verlag, 2013